Pilgrim People

Sometimes people are like Wells, deep and real,
Natural, life giving, calm
And cool, refreshing.

They bring out what is best in you. They are like fountains of pure joy.
They make you want to sing or maybe dance.
They encourage you to laugh even when things get rough.

And maybe that’s why Things never stay rough
Once you have found a well.

‘You will draw water joyfully from the Springs of salvation.’ (Is 12.3)

Dear Parents, Carers, Staff and Students

Each child at Santa Clara School has unique qualities and gifts to discover and develop. They have their own needs to be able to develop towards the potential which we as a school community strive to provide. In return each child, their parents and teachers need to support each other to enable the best possible learning environment and experience.

FIRST HOLY COMMUNION

It’s an exciting and busy time for our Year Four students as they prepare for their special event. On Sunday 29 May, the Year Four class celebrates First Holy Communion as the children receive Jesus in the Eucharist for the first time. Leading up to this, the class has participated in the sacrament of Reconciliation and a retreat day.

Please pray for our Year 4 Communicants.

SANTA CLARA SCHOOL SOCIAL WORKER – Hilary Campos

The Family Counsellor is a trained social worker who is available to offer counselling and support to students on a variety of issues such as grief and loss, friendship concerns, depression and self-esteem concerns.

Our school is very fortunate to have on staff, the professional services of Hilary Campos, an excellent and experienced counsellor. Hilary can also help parents by supporting them in their parenting techniques and help provide strategies to help with parenting when the going gets tough. She is able to help in developing and coordinating programs in the areas of protective behaviours and social / emotional development.

Programs currently forecast to be run this year include social skills, anger management, peer enhancement, etc.
Classroom support will also be provided in the areas of protective behaviours, puberty, friendship, classroom dynamics and behaviour management. Should you wish to discuss any matters with Hilary, she is available for consultation on every second Monday and every Tuesday and appointments can be made at the School Office or you may wish to speak to your class teacher who will make a referral for contact.

PUPIL FREE DAY
FRIDAY 3 JUNE 2016
Staff will attend a professional learning day based around the Literacy Dedicated Time on Friday 3 June at the Catholic Education Office. All Teaching Staff and Education Assistants will attend. The Admin and Finance Officers will be available at school.

ARRIVAL AND PICK-UP TIMES
Please remember that the children should arrive at school no earlier than 8.20am as that is when supervision for staff commences. School finishes at 3.00pm and the supervision for children ceases at 3.20pm. Please collect your children promptly at 3.00pm.

Also remember the 40kmh speed limit during these times.

God bless
Richard Win Pe
Principal

ASSISTANT PRINCIPAL RELIGIOUS EDUCATION NEWS

SACRAMENTAL INFORMATION

Listed below are the dates of the Sacramental Masses (and Year Six Parent / Child Workshop held tonight) that are being held at the Santa Clara Parish:

4:45 – 6:00pm – Thursday 26 May 2016 – Confirmation Parent / Child Workshop (School Hall)

**5:00-6:00pm – Friday 27 May 2016 - Reconciliation for Eucharist candidates or

**11:00-12:00noon – Saturday 28 May 2016 – Reconciliation for Eucharist candidates

9:30am – Sunday 29 May 2016 – First Holy Communion Mass

9:30am – Sunday 12 June 2016 – Confirmation Mass

In addition to these important dates, the Year Six children will have a rehearsal session for their Sacrament of Confirmation Mass. This will be held on:

9:00am – Tuesday 7 June 2016 – Confirmation rehearsal at Santa Clara Parish

LIFELINK LINK DAY – WEDNESDAY 1 JUNE 2016 AT SANTA CLARA SCHOOL

Next Wednesday, 1 June 2016, the children at Santa Clara will be LINKING-UP for LifeLink Day 2016. Thank you to the children who have already donated $1.00 to purchase a template (either in colour or one they can individually colour) of six links. Classes will LINK-UP their links and it will be determined which class has the longest chain. At 1:30pm, straight after lunch, all class chains will be joined together to see how long our school chain will be.

Please remember, all funds will go to this important Catholic organisation, an organisation helping Real People, Real need with Real Stories.

THANK YOU, THANK YOU, THANK YOU

This year, through Project Compassion and a free-dress day, the school raised $807.85 for Caritas. This money has been sent to Caritas Australia and they will distribute to needy communities throughout the world. Thank you to the Santa Clara School community for their donations.

Regards

Larry King
Assistant Principal
Hello Everyone

It is hard to believe that it is already Week Five and we are approaching the midway point of our school year! This is a busy time for students and teachers as we reflect on our progress so far and teachers begin the reporting process.

SWIMMING LESSONS:
Lessons have commenced this week and everything is running smoothly so far. The children are listening to their teachers well and their behaviour in and out of the pool has been excellent.

Please ensure that your child has something to wear over their bathers; a bathrobe or sweatshirt is ideal, and a pair of thongs or slipons to wear to and from the pool. Remind your children to pack all items of clothing, including underwear for after lesson comfort.

INTER SCHOOL CROSS COUNTRY CARNIVAL:
On Friday 10 June, Santa Clara will be participating in an Interschool Cross Country Carnival at Good Shepherd School, in Kelmscott.

If your child has been selected to participate, the permission slip must be returned to their classroom teacher by Friday 27 May. Parents and family are more than welcome to come along and support.

SWIMMING CARNIVAL:
On Friday 17 June our Swimming Carnival for Years 3 – 6 will be held at Aqualife, 42 Somerset Street, East Victoria Park. The carnival will commence at 12.00 noon and conclude at 2.30pm. The focus of the carnival is participation so please ensure you complete the individual form for your child with their name, year level, swimming ability, the stroke and the distance your child is able to swim and return to their class teacher by Friday 27 May at the latest. Please refer to the note sent home by Mr Boxsell earlier this week for further details regarding this event.

CYBERSAFETY:
This week I would like to refer you to the Michael Grose parenting website and some information and ideas for parents on dealing with cyberbullying and harassment.

This is a very real and current issue and the more informed parents and teachers are, the better we are able to support and guide our children.

Please visit http://www.parentingideas.com.au/Parents/Bullying/Cyberbullying

God Bless.

Mrs Mim Ellis
Assistant Principal

OSC NEWS

- REMINDER – PUPIL FREE DAYS:
  FRIDAY 3 JUNE 2016
  AND FRIDAY 1 JULY 2016

  Bookings are open now for the above dates.

- Vacation Care programs will be available 13 June 2016.

  Please complete and return by Friday 24 June 2016.

Thank you
Keren
OSC Supervisor Approval

Canteen News

Please note that during swimming lessons, recess food will be available but only pre-ordered.

This is due to the different times that classes have recess.

Please make sure your child orders recess at the canteen separately from the lunch order.

Thank you
Sonia Thiel
Canteen Manager

TERM 2 FEES

Just a reminder that Term 2 fees are due by 27 May unless you have already set up a payment arrangement.

If you ever have any questions or are experiencing difficulty paying your fees by the due dates, please contact myself or Mr Win Pe.

Kind regards,
Jaimee Wyss
Finance Officer
Hi everyone,

This term has been extremely busy in Year Six, with many events combining with our usual class routines to create an exciting atmosphere in the classroom. A couple of weeks ago, we visited the Schoenstatt Shrine in Armadale as part of our build up to the Sacrament of Confirmation. Sr Lisette made us most welcome and facilitated a day of spiritual reflection and prayer, combined with some fun hands on activities. The whole class found the day to be a rewarding and uplifting experience. We are now looking forward to participating in the Sacramental Mass on 12 June, and we congratulate our classmate Jacinta and the Year Four Class as they prepare to receive the Sacrament of First Holy Communion this Sunday.

Throughout the term, we have been participating in a combined Genius Project with the Year Five Class. This project has been looking at ways of incorporating some exciting digital technologies into our classroom environment and daily learning. The technologies included an Edison Robot, Google Cardboard Virtual Reality Goggles, the Aurasma Augmented Reality App, Google Maps and Google Translate, as well as a web based coding task. All of these technologies came as part of a kit lent to us by the Catholic Education Office, and our use of them was designed to meet the Digital Technologies Outcomes of the National Curriculum. Although we have now finished our investigations, we are looking forward to presenting our findings next week.

Last week we took part in the School Cross Country Competition at Wyong Oval. We walked to the oval in the morning and were fortunate to be able to sit and watch as the younger grades ran first. Our boys’ race was uneventful, with Michael placing first, ahead of Ephrem, then Brandon and Desmond. The girls’ race was a tight, and dramatic affair, with Madison placing first, ahead of Zoe and Henon, who were involved in an accidental collision approaching the finish line. Luckily there were no injuries, and both girls finished the race, with Erin crossing the line in fourth place. Still on the sporting front, this week and next week we are attending Swimming Lessons, with the Year One Class. We are enjoying the lessons and the responsibility of helping the younger children travel safely and sensibly to and from the pool.

Mr Adrian Tulett
Year 6 Classroom Teacher
P&F Coming Events:

**Term 2**
- **Friday 17 June** Years 1 & 3 Cake Stall
- **Monday 27 June** Fun Run

**Term 3**
- **Friday 5 August** School Disco
- **Friday 12 August** Kindy & Pre-Primary Cake Stall

**Term 4**
- **Friday 28 October** Years 4 & 6 Cake Stall

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**YEAR 5 NETBALL NEWS**

We have had a wonderful start to our 2016 Junior Netball Season.

Good training sessions and grading games have the team placed in “A” Division.

The girls played their first competition game on 24th May. Clearly a winning match!

**Santa Clara** defeated **South Perth Stars**

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We are so proud of all players (both old and new).

*Coaches Sharon & Gilda*

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**INFORMATION FROM OUR SCHOOL HEALTH NURSE**

**Colds**

Upper respiratory tract infections or colds are everywhere, especially in winter, so it is almost impossible to stop children from catching them. Here are some points which may help:

- Teach your child to cover his/her nose and mouth (ideally with his/her forearm rather than hand) when coughing or sneezing, and to wash hands straight afterwards.
- Hands should be washed after blowing noses and before eating.
- Use tissues once and then throw them in the bin. (Avoid using handkerchiefs.)
- Keep your child home from school if he/she has a cold/cough/fever/pain.
- Make sure that your children eat a balanced diet of plenty of healthy foods.
- Keep children away from smoke – it irritates their eyes and nasal passages, making it more likely that they will catch a cold.

**What to do if your child gets a cold**

No treatment will cure a cold or make it go away more quickly, but you can help your child feel more comfortable:

- **Rest**: This need not be in bed.

**Provide extra drinks**: If your child doesn’t want to drink much, try giving lots of small sips of water, milk or juice, or iceblocks to suck for older children.
Influenza
Influenza, or the ‘flu’ is caused by an influenza virus. It is spread through the air when someone coughs, sneezes or talks. It is also spread by touching something that has the virus on it and then touching your nose, eyes or mouth. Common symptoms include sore throat, cough, fever, headache, chills, tiredness and muscle aches.

People with the flu should rest and drink plenty of fluid. Use paracetamol in recommended doses if necessary - but do not give children any medication containing aspirin.

Be sure to keep your child home from school while he or she is sick. If you require school work for your child contact the school to prepare some for you to collect.

The best way to prevent flu from spreading is by washing your hands regularly.

Flu vaccines are available prior to winter starting. For more information, contact your GP or local Immunisation Clinic.

Why should I consider having my child vaccinated against the flu?
The National Health and Medical Research Council, Australia’s peak body for health advice, recommends annual vaccination for anyone six months of age or older who wants to reduce their chances of becoming ill with the flu.

Annual flu vaccination is strongly recommended for anyone six months of age or older with a medical condition that places them at higher risk of severe illness from flu. Children and adults with heart, lung or kidney disease or a weakened immune system, are eligible for free flu vaccine through the National Immunisation Program.

Children without underlying medical conditions who become infected with flu can also develop serious illnesses. Flu can cause high fever and pneumonia, and make existing medical conditions worse. Flu can also cause convulsions and diarrhoea in children.

Influenza viruses are always changing. Each year scientists try to match the strains of influenza viruses in the vaccine to those most likely to cause flu illnesses that year. It takes up to two weeks for protection to develop after vaccination against flu and protection lasts about a year.